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Wednesday's Jackpot
$18,000,000 estimated
PLUS 2 GUARANTEED $1 MILLION PRIZE DRAWS
LOTTO 6/49

DUTCH BRAZIL DOMINANT, BRILLIANT

HOLLAND AND HOSTS WIN THEIR GROUPS — AND AVOID EACH OTHER IN THE NEXT ROUND — EN ROUTE TO THE KNOCKOUT STAGE, WHILE MEXICO ADVANCES WITH WIN OVER CROATIA AND CHILE QUALIFIES DESPITE LOSS PAGE 12

Sunfest outgrowing Victoria Park?

Study reveals music and arts festival — scheduled for July 3-6 — drew 225,000 people overall in 2012 PAGE 3

Journalist gets prison term of seven years

Egyptian-Canadian Mohamed Fahmy shocked with sentence for terrorism-related charges PAGE 5

Excuse me, which way to the beach?

Health and fitness experts weigh in on what to do for a respectable beach body in four weeks PAGE 10

NEWS WORTH SHARING.

NAKED AMBITION

Emily Lavender of PETA uses some provocative strategy in downtown London Monday to protest the eating of meat. Yes, she was wearing almost nothing as she and fellow campaigners delivered their message at the corner of Richmond and Dundas streets. Story on page 4.

SCOTT TAYLOR/METRO

Bloodied senior claims innocence

Trial. Serge Zubko charged with assaulting a police officer and resisting arrest

An enraged 87-year-old Serge Zubko swore at London Police officers, said one witness, and "tripped" while being arrested outside his home on July 22, 2013.

The fall left Zubko with ugly cuts and bruises on his nose and face and led many to accuse the police of beating the old man. Instead, Zubko was charged with assaulting a police officer and resisting arrest.

His trial, which was expected to open and close Monday, will instead conclude Aug. 26 because one witness was unable to attend.

Court heard that police were called when Zubko's wife, Antonina, stopped three teen girls at the end of her driveway and told them that a strange man was in her house and wouldn't leave.

The elderly woman speaks mostly Polish and suffers from Alzheimer's disease.

When Const. Husnain Mahmood arrived, he spoke to the girls, but had trouble understanding a hysterical Antonina Zubko.

Soon after, Const. Jon Dechene arrived on the scene and a Polish-speaking person was found on the phone. Police were told the man in the house had abused her and she wanted him out.

What they found while peering through a window was Serge Zubko sitting in a chair watching TV in a pair of shorts.

Both officers testified that Zubko was angry and belligerent toward them after they asked him who he was. He "stormed" out of the house toward his wife and the girls.

Mahmood and Dechene intercepted him halfway there.

"(Zubko's) fists were clenched, he was yelling very loud," Nahmod testified.

The officers testified that Zubko either pushed or struck one of them as he was turning back toward the house.

That's when they handcuffed him and took him face first to the paved driveway.

While a pool of blood was spreading on the ground, Zubko screamed for neighbours to help and, according to Dechene, said he would sue the police.

One of the girls testified that she saw Zubko "kind of swing" and that he tripped and fell to the ground. "They weren't being rough or anything," Emma Bailey, a Beal secondary school student, said. She also said Zubko urged her to state that the officers had beaten him.

SCOTT TAYLOR/METRO

NEWS 1

Mayor's chain will rest on shoulders of councillor

Interim mayor. Special meeting also formally accepts resignation of now 'Mr.' Joe Fontana

MIKE DONACHIE
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One member of London city council is about to get a big step up.

On Monday night, a special meeting of council agreed to choose one of their number as the interim mayor, who will serve until the city elects a new mayor in the fall.

The move was forced by the resignation of Joe Fontana in the wake of his conviction on three offences, including fraud. His letter of resignation, submitted last Thursday, was formally accepted by council Monday night.

There were two references to him as "Mr. Fontana" during the meeting, signalling his tenure was at an end. Coun. Joe Swan, acting mayor and meeting chair, said the process was tinged with "sadness and difficulty."

Then councillors got down to business. It took just over an hour for them to agree on two things. First, there was a feeling that one of their own should take on the role.

"We need someone who has been here, someone who has shown experience, somebody who has shown leadership," said Coun. Bill Armstrong, in just one of several calls for continuity.

Only Coun. Stephen Orser wanted to get the public involved. The law allows any Londoner to be chosen, and he wanted people to get the chance. However, the group voted 13-1 for a councillor to become interim mayor.

Then there was unanimous agreement for a procedure put forward by city clerk Cathy Saunders. On Tuesday night, each councillor will be asked if they wish to be considered for the spot. Anyone who says yes will be included in a vote or series of votes.

Decision

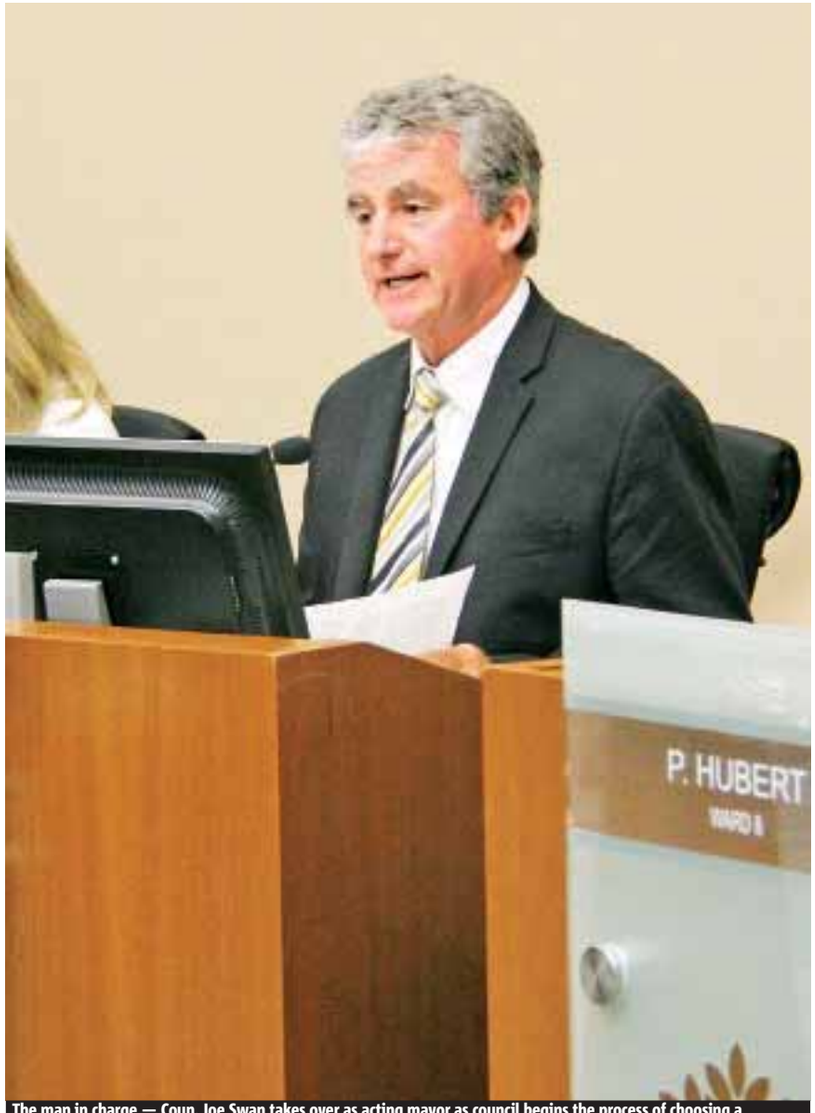
13-1

The vote landed overwhelmingly in favour of selecting a city councillor.

The real deal

Council is about to choose an interim mayor, but who will be the elected successor to Joe Fontana?

- The next election for mayor will take place on Oct. 27, and the leading candidate so far appears to be Coun. Matt Brown.
- It's been widely speculated that Coun. Joe Swan may run, and he's due to make a statement this week.
- Also announced for Tuesday night is a statement by former councillor Roger Caranci about his political future.
- Others who have filed already are: Tae Khun Ha, Aaron Broughm, Paul Cheng, Arnon Kaplansky, Donna Kelley, Jim Kogelheide, Dan Lenart, Alexander Main and Dennis Perry.



The man in charge — Coun. Joe Swan takes over as acting mayor as council begins the process of choosing a replacement for Joe Fontana to serve until the fall. MIKE DONACHIE/METRO

Public has its say on London Plan

It's been the biggest consultation exercise in London's history, and it shows no signs of abating.

More than 20 people took the opportunity to address city councillors for five minutes at the strategic priorities and policy committee meeting Monday night, giving their views on the London Plan, which sets development goals and standards for the next 20 years.

There was enthusiasm, criticism and no shortage of views.

Coun. Joe Swan was in charge of the exercise after the resignation of Joe Fontana as mayor. The acting mayor kept every speaker to the allotted five minutes, but chief city planner John Fleming made sure everyone knew they could keep commenting at thelondonplan.ca.

Perhaps the most passionate speaker was David Bilson, president of digital agency rtraction, who described exit interviews with staff who were following their peers out of the city. He praised the forward-looking plan, which includes strategies to attract and retain talented people.

"I think this plan, if put forward, will ignite a spark in this city, and that's what I'm asking city council to do: ignite that spark," he said.

Some felt the London Plan could go further. City council candidate Jesse Helmer wanted a more ambitious target for urban intensification, fellow candidate Philip Squire wanted the issue of school closures addressed and Shawna Lewkowitz, of campaign group Women and Politics, said gender issues could be addressed better.

Students, landowners, the voluntary sector and many others also stepped up to the microphone to ensure their views were heard.

The London Plan process will continue, Fleming said, and city staff wants it to go on through the winter to allow for more comments.

MIKE DONACHIE/METRO

One of the giants of Latin American music, Cuban super group Los Van Van, will headline the 20th anniversary of Sunfest at Victoria Park, from July 3 to 6. CONTRIBUTED

Sunfest celebrates 20 bright years, now looks to expand

Victoria Park.
Organizers get ready for the big show

DAVE LANGFORD
london@metronews.ca

Now 20 years old, the Sunfest music and arts festival is too big for Victoria Park, executive and artistic director Alfredo Caxaj said Monday.

"We really have maximized Victoria Park," Caxaj said. "The park is small now for what we do."

To be clear, Caxaj is not complaining; he is merely stating the obvious after a 2012 study commissioned by the festival showed that the four–day event — this year scheduled for July 3 to 6 — drew 110,000 unique visits or 225,000 people overall.

Caxaj would love to have the park as the "heart of the festival" and position other stages and festivities around the remainder of the downtown core.

"It would fantastic, for example, to have a stage at Wellington and Dundas. Have another one at the market ... People can really spread out."

Caxaj said the Montreal jazz festival is the prototype of the event he envisions for London some day, "where you close four or five blocks and you have stages on every corner."

The best promotional tool the festival has is word of mouth, Caxaj said.

"Sunfest is like a delicious dish, that when you tried it first, you fall in love with it."

The festival will once again feature free admission, with 35 world music and jazz ensembles and more than 275 exhibitors.

Glanworth Branch. Residents' campaign to reopen library a success

London's little old library celebrated its big day Monday.

Federal minister Gary Goodyear and local MP Joe Preston were among the visitors as the 90-year-old Glanworth Branch Library reopened after refurbishment.

The branch needed upgrades to meet access laws. But a campaign by residents, support from London Public Library and funding from all levels of government led to the grand reopening.

The library resumes its normal hours Tuesday. METRO

Address

- The branch is located at 2950 Glanworth Dr.

Celebration. White Oaks gears up for Canada Day

Another Canada Day brings another party to White Oaks Park.

This year, the fun begins at 2 p.m. on July 1 and won't end until the final fireworks have lit up the night sky after 10 p.m.

In between, the event will feature free inflatable rides, a KidZone, food vendors, live entertainment, a free wading pool and a free family movie.

The line-up for live entertainment will include the bands Big Bang, Dave's Not Here, The Geoff Massey Band and The Justin Maki Band. Live entertainment will begin on the main stage at 2 p.m. and will continue throughout the day.

The cake-cutting ceremony will take place at 4 p.m. on the main stage, and community members can enjoy a family movie inside the South London Community Centre from 6:30 to 8:30 p.m.

SCOTT TAYLOR/METRO

Brought to you by Doctor Feelfunny. Comedy night becomes monthly event

After touring most of the city's venues for live shows, the man who brought London the likes of Gilbert Gottfried and others has settled on a permanent home for a monthly stand-up comedy evening.

Derek "Doctor Feelfunny" Kaill says the Fox and Fiddle inside Citi Plaza on Wellington Street will play host to an opening gala featuring Los Angeles comic Tom Segura, who's a regular on the Joe Rogan podcast and who hosts his own podcast as well.

That first one is slated for Wednesday. After that, look for the regular Saturday night shows to begin Aug. 2.

METRO

Piece of meat. PETA protesters strip down in the name of veganism

Protesters from People for the Ethical Treatment of Animals (PETA) caused a minor commotion during the Monday noon hour at the corner of Richmond and Dundas streets by stating what they believe to be the naked truth about eating meat.

The young women, all in the 20s, had the names of various cuts of meat taped to their near-naked bodies to illustrate the similarities between animals and humans.

It's not a new awareness campaign, but it did stop many in their tracks to ogle and take pictures of the trio. A few even asked about the cause.

None of that bothers 25-year-old Emily Lavender, who said she has the support of family and friends — and the courage of her convictions.

"We're asking people to choose compassion for the billions of animals who are abused and killed for the meat, egg and dairy industries by just leaving them off your plate," she said.

The Victoria, B.C., native has participated in similar events across the country, she added. SCOTT TAYLOR/METRO

On the road

When the same protest was staged at Ribfest in Ottawa last week, Metro reported that passersby felt the near-nudity of the protestors distracted from the campaign's message. "It's a totally wrong message," said one woman at the Ottawa protest. "It's just changing the real important topic towards just a sex topic." METRO IN OTTAWA

Shalayna Allen was one of the protesters who had cuts of meat marked on her body. SCOTT TAYLOR/METRO

Collider set to create jobs for Londoners

Western University. It's all about innovation and technology at new centre

MIKE DONACHIE
mike.donachie@metronews.ca

A place where ideas collide has been opened in southeast London, and already people are there to think of great things.

Western University has opened the Collider, more formally known as the Collider Centre for Technology Commercialization, at its Advanced Manufacturing Park near highway 401 in southeast London.

As explained by Gitta Kulczycki, the university's vice-president (resources and operations), it's all about "two particles coming together to make something new."

Here, the science is about job creation. The new building is designed to foster co-operation between Western University researchers and manufacturing companies.

"What we have here is a very unique opportunity, one that you will not find any place else in Canada," said Gary Goodyear, who's minister of state for the Federal Economic Development Agency for Southern Ontario (FedDev).

Goodyear was at the event on Monday to offer congratulations and talk about federal government investment in schemes that create high-tech jobs, including the $200 million Advanced Manufacturing Fund, which is providing money across Ontario. FedDev has also given Western $13.7 million for the Collider and the Fraunhofer Project Centre.

The minister stressed the importance of Ontario's 30,000 manufacturing establishments, which generate $270 billion in annual sales. But, he warned, companies need to keep coming up with new ideas if they're to thrive and survive, and that's where the Collider comes in. He said it will be a "hub," and "the place to go" for companies looking to develop a new idea.

Paul Paolatto, who heads Western's research park projects, said two companies have already moved into the building. Momentive Speciality Chemicals and plastic components manufacturer Dieffenbacher are tenants, with two more companies expected to sign up before summer's end.

"These are companies that would not normally come to London without the availability of this type of collaborative environment," Paolatto said.

With 40 to 50 foreign delegations expected to visit the Collider every year, there's no shortage of chances to bring in more people, he added.

Federal government minister Gary Goodyear speaks to an interested crowd during the opening of Western University's Collider building. MIKE DONACHIE/METRO

By the numbers

$37 million — total cost of the Collider and the Fraunhofer Project Centre, an applied research facility

- **10 to 20 —** the number of businesses expected to move into the Collider
- **120 to 150 —** the number of high-quality jobs to be created there

Wynne to announce major cabinet reshuffle

Premier Kathleen Wynne is putting a doctor in charge of the health system and tapping a key Greater Toronto MPP to oversee Ontario's $29-billion transportation rebuild.

In a major cabinet shuffle to be unveiled Tuesday afternoon at Queen's Park, sources say Wynne will name Dr. Eric Hoskins to replace Deb Matthews as health minister.

Hoskins, an MD who co-founded the charity War Child Canada, will be assisted in the $50-billion operation by a new long-term care associate minister, cabinet rookie Dipika Damerla, MPP for Mississauga East-Cooksville.

The other associate minister will be Mitzie Hunter, MPP for Scarborough-Guildwood, who will oversee the new Ontario pension plan.

Matthews, who remains deputy premier, becomes chair of the Treasury Board after almost five years at the helm of the government's most challenging department.

Another first-time minister Steven Del Duca, the MPP for Vaughan and one of the Liberals' rising stars, succeeds Glen Murray at a restructured Transportation ministry.

Del Duca, one of four newcomers in the 27-member cabinet, will oversee the $15-billion transit investment in the GTHA, as well as the $14 billion in new transportation infrastructure in the rest of Ontario. TORSTAR NEWS SERVICE

Stay safe and take off that hitch, police say

London police are asking people to think about removing their trailer hitches, for the sake of safety.

The everyday attachment helps people move campers, boats, yard materials and more, and the cops also want to remind people to be aware of the regulations for hitches.

But the main message is to take the hitch off when you're done towing.

"Time and time again collisions of a minor nature end up with a great deal of damage simply because the trailer hitch has penetrated the bumper or radiator of the other vehicle," Sgt. Tom O'Brien of the London Collision Reporting Centre, said in a media release.

"Some hitches protrude out a significant distance from the rear of the vehicle which can make even parking behind them treacherous.

"Most vehicles have "hidden receivers" which means that when the hitch is removed there is nothing sticking out that will damage other vehicles when there is minor contact.

"Do everyone a favour, you, me and everyone's insurance rates and remove the hitch when not actively towing." METRO

For more local news, visit metronews.ca

Mom of alleged trafficking victim says the system failed her daughter

'I did try to seek help.'
Halifax-area woman says she's not getting enough assistance keeping teen from a life of drug abuse and sexual exploitation

RUTH DAVENPORT
Metro in Halifax

A Halifax-area woman whose daughter was allegedly coerced into prostitution says the problem isn't the individual who's facing charges — it's a larger system that failed, and continues to fail, children.

Tashlynn Shaw, 23, was arrested last week and is facing child-trafficking and underage-prostitution charges.

Police say the investigation involved two young girls — aged 13 and 14 — who had been forced into the sex trade.

But the mother of one girl says her daughter started selling her body not because of any one adult, but because of a system focused on blame rather than support.

"These girls are out there doing this stuff on their own and it doesn't seem that anything is being done until someone of age … is there to pin the human trafficking on," said the woman, whose identity is protected in order to protect her daughter's identity.

The 37-year-old woman says she's struggling to save her daughter from a life of drug abuse and sexual exploitation, and isn't getting help from police or any social agencies.

The problems started when the girl was 10 and the woman went through a bad breakup, turning to drugs and even prostitution to cope. She said the formerly good girl started acting out after watching her mother "fall apart" — running away from home and pushing her mother further into self-destruction.

Tashlynn Shaw, who faces child-trafficking and underage-prostitution charges, arrives at Halifax provincial court Thursday. JEFF HARPER/METRO IN HALIFAX

"I did try to seek help, and (child welfare) did send someone … but it took two weeks for them to even get back to me," said the woman. "She kept saying, (the girl) needs to be taken out of the home, and no one listened. And my whole life fell apart."

Child welfare took the woman's four kids, placing them with relatives, friends and foster families. At the age of 13, the eldest reportedly followed a friend into the sex trade, posing as a 17-year-old in online ads.

The mother says the girl was in and out of group homes, where a lack of structure enabled her sex work.

"They don't monitor them," she said. "(The kids) say they're going somewhere at 9 a.m., and they leave. And no one checks on where they're going."

The woman, who's been clean since 2012 and has completed parenting and self-help courses, has her three younger kids on weekends and her eldest daughter full-time. She says her daughter has developed a taste for money and freedom, and doesn't want the structure of a normal home life — and the system that was quick to take the children away isn't there to help rebuild.

"They were so focused on the blame that could be put on me and not focusing on how she was feeling and how to deal with her issues with me," she said. "There's been more … people that are there to feel sorry for her than want to really get down to the issues."

Quoted

"As much as I hated that they took my kids, they needed to, and I understand that. I just wish they would have helped before it got to that point."
Mother of alleged teen prostitution victim

Egyptian-Canadian journalist gets shocking 7-year sentence

"Thank you Canada. I will be arriving soon for some love. No terrorism plans, I promise :)"

This is one of several tweets Egyptian-Canadian journalist Mohamed Fahmy had asked his brother to send Monday as soon as an Egyptian judge ordered his much anticipated release.

But in a shocking turn of events, Fahmy and two other Al-Jazeera journalists were sentenced to seven years in prison on terrorism-related charges, a verdict widely denounced as an attack on freedom of expression.

"No one expected this verdict at all," Fahmy's brother, Sherif, said in a phone interview from Cairo. "Mohamed, when I saw him last week … he was extremely optimistic."

To see that hope swept away has dealt the family a crushing emotional blow, he said.

"My parents are too old for this.... My mother, for example, she broke down today, a total breakdown; none of us are able to calm her down at all."

Fahmy and his colleagues — Australian Peter Greste and Egyptian Baher Mohamed — were employed with Qatar-based satellite news broadcaster Al-Jazeera English when they were arrested on Dec. 29.

Journalist Mohamed Fahmy sits in the defendant's cage in Cairo, Egypt, Monday. AHMED ABD EL LATIF/EL SHOROUK NEWSPAPER/THE ASSOCIATED PRESS

All three were accused of providing a platform for the Islamist Muslim Brotherhood group of ousted president Mohammed Morsi, which Egypt's government has branded a terrorist organization.

Fahmy — whose family moved to Canada in 1991 — lived in Montreal and Vancouver for years before eventually moving abroad for work, which included covering stories for the New York Times and CNN.

His family has previously praised the Canadian government, saying it had been working diplomatic channels to help win his release.

After Monday's verdict, however, Sherif Fahmy said Ottawa should take a clear and public stance in his brother's defence.

"Call the Egyptian president … call the Egyptian ambassador in Canada, like Britain did today," he said.

"Do something that proves that you actually care for Mohamed, that is what I am asking them to do."

The Canadian government said it was "very disappointed" with the verdict.

"Canada calls on the Egyptian government to protect the rights of all individuals, including journalists, in keeping with the spirit of Egypt's new constitution and the desire of all Egyptians to build a fully democratic country," Lynne Yelich, junior minister responsible for consular affairs, said in a news release.

THE CANADIAN PRESS

Seeing red in Ottawa

Gov. Gen. David Johnston stops to speak with a soldier as he inspects the Ceremonial Guard at Rideau Hall Monday in Ottawa.
ADRIAN WYLD/THE CANADIAN PRESS

Sudan

Woman convicted of apostasy freed from death row

A Sudanese woman on death row for apostasy had her sentence cancelled and was released by a Khartoum court on Monday, her lawyer and state media said.

State news agency SUNA said the Court of Cassation cancelled the death sentence against 27-year-old Meriam Ibrahim after her defence lawyers presented their case. Her lawyer, Eman Abdul-Rahim, said Ibrahim has left prison and is with her husband and two small children, who had been with her in jail.

Ibrahim, whose father was Muslim but who was raised by her Christian mother, was convicted of apostasy for marrying a Christian. Sudan's penal code criminalizes the conversion of Muslims to other religions, a crime punishable by death.

The sentence drew international condemnation, with Amnesty International calling it "abhorrent."

THE ASSOCIATED PRESS

Germany. Robot 'Ray' is the valet of the future

Got a plane to catch and don't feel like hunting for parking?

Travellers at Dusseldorf airport in Germany can soon leave the job to a robot valet.

An airport spokesman says the robot, nicknamed Ray, starts work Tuesday and can be booked using a smartphone app.

Thomas Koetter says all travellers need to do is leave their car in a designated area, and confirm it's empty and ready to go.

Then Ray or one of its cybernetic colleagues will take the car to one of 249 parking spaces reserved for robots.

Koetter says the forklift-like machine can carry any standard car weighing up to 3.31 tons and is fully insured.

He says the service costing $39.43 US a day targets busy business travellers, but is open to anyone.

THE ASSOCIATED PRESS

Parking robot 'Ray' transports a car in Germany on Monday. THE ASSOCIATED PRESS

Top court ruling. No sports gambling in Atlantic City

The U.S. Supreme Court on Monday left in place a ban on sports gambling in New Jersey, rebuffing an attempt to bring betting on professional and college sporting events to Atlantic City casinos and the state's racetracks.

The justices did not comment in letting stand lower court rulings that struck down New Jersey's sports betting law because it conflicts with a federal law that allows state-sanctioned sports gambling only in Nevada and three other states.

The state's appeal was led by Gov. Chris Christie and it argued that New Jersey was trying to limit illegal sports wagering and capture some of that money for the state treasury. New Jersey says an estimated $500 billion is bet illegally on sporting events each year.

The New Jersey lawmaker who wrote the betting legislation said he plans to introduce a bill that would repeal all laws prohibiting sports betting.

THE ASSOCIATED PRESS

Mobile app

No monkeying around with the parking in San Fran

San Francisco's city attorney issued a cease-and-desist demand Monday to a mobile app called Monkey Parking, which allows people to auction off public parking spaces that they're using to other nearby drivers.

The letter to Italy-based Paolo Dobrowolny said San Francisco's police code that prohibits selling or leasing public on-street parking.

THE ASSOCIATED PRESS

Made by Takata

Defective air-bag recall spreads

A recall of defective air bags is spreading to more manufacturers.

BMW, Chrysler, Ford, Honda, Mazda, Nissan and Toyota will all recall cars at the U.S. government's request because their air bag inflators could rupture.

In each case, the air bags are made by Japanese supplier Takata.

The government opened an investigation this month after getting six reports of air bags rupturing.

THE ASSOCIATED PRESS

Take this Ringly as a sign of my love for my phone?

Commitment. For those looking to take things with their smartphone to the next level, comes a Bluetooth-connected ring

The first wearable tech smart ring vows to keep you connected to your phone. Ringly uses Bluetooth LE to alert wearers to a call, text or even Tinder.

The New York-based boffins behind the band say it's designed to help women discreetly stay on top of hectic social and professional engagements without the need to constantly check their phone.

The 18 karat gold-plated gadget inlaid with a choice of four semi-precious stones — black onyx, rainbow moonstone, pink sapphire, and emerald stone — features four vibration patterns and five colours that can be assigned to different notifications.

Co-founder Christina Mercando tells Metro why women need to have their (ring) finger on the smart technology pulse.

Nowadays, we're more connected to smart technology than ever before, so why do women need this piece of wearable tech?

One day after work I was out with some friends and totally lost track of time. My phone was buried in my purse, so I didn't get any of the texts from my boyfriend, who was telling me that I was late for our dinner reservation. That's when I realized that women have this huge problem of missing important phone calls and notifications because they, unlike men, don't keep their phones in their pockets.

Is the functionality of the design more important than its esthetic?

We are a fashion-first company that packs small and powerful technology into beautiful jewelry. It was important to create a product that women would want to wear even if it didn't have technology inside.

The ring sends an alert if the wearer strays too far from their smartphone. Is this made for the forgetful and absent-minded?

Nowadays we have to worry about so many things: wallets, keys, metrocards and phones. There have been many occasions when I leave the house without my phone so we decided to build in a feature that would solve this as well. The range of connection to your phone is around 20 feet, and if you walk too far away from your phone or leave it behind Ringly will notify you that you are out of range.

Do you not think that a ring that lights up and vibrates could be distracting?

We wanted to make the technology as discreet as possible, so when your Ringly is sending you a notification through vibrations and light, only the wearer notices because it's so subtle. I've been out many times wearing my Ringly and I'll receive a notification, and no one notices but myself. I like to refer to it as glanceable UI — you can glance at it and know what's going on, but it's unobtrusive.

METRO WORLD NEWS

In a serious relationship with your smartphone? Put a Ringly on it. RINGLY

Not three-months salary

$260

Ringly rings cost anywhere from $145 US for early online orders, to $260 retail for the emerald ring.

Canadians were worried about privacy, security before Heartbleed, report says

The Internet bug known as Heartbleed that surfaced in early April hit the Canada Revenue Agency just as it was trying to expand its online services for individual taxpayers.

Focus groups consulted in the weeks before word of the bug triggered a five-day shutdown of income-tax servers suggest Canadians were already wary of online security at the agency.

The bug forced the agency to suspend its online tax-filing system on April 8, the height of tax season, and led to the theft of about 900 social insurance numbers from Canadians who had used the service.

The major security breach happened shortly after a focus-group project asked Canadians whether they would use new online services allowing them to submit receipts and other documents electronically, and to transfer money directly to the government online.

"The only concern mentioned with some frequency ... was security of personal information," says a March report, commissioned from Phoenix Strategic Perspectives Inc. for $53,000.

"Participants queried the secureness of the service and wondered about the potential for security breaches and loss of privacy."

The agency is examining whether individual Canadians would use a payment system that allows money to be sent directly to the government without a financial institution as an intermediary, as is done by some businesses already.

Many participants told Phoenix they did not trust the Canada Revenue Agency, and worried the government could access private financial information or even withdraw money without approval.

There was more support for the online document-transfer service, but concerns about security remained.

A spokesman for the agency says the theft of the 900 social insurance numbers has apparently not led to any further crime.

THE CANADIAN PRESS

Market Minute

DOLLAR 93.23¢ (+0.22¢)

TSX 15,105.63 (-3.34)

OIL $106.17 US (-$0.66)

GOLD $1,318.40 US (+$1.80)

Natural gas: $4.44 US (-$0.08)
Dow Jones: 16,937.26 (-9.82)

SORRY, PANTENE, I'M NOT BUYING IT

SHE SAYS

Jessica Napier
metronews.ca

Pantene wants women to stop saying, "Sorry." Last week the hair-care brand launched a new marketing video that depicts women saying "sorry" in various situations that really don't warrant an apology.

The viral video, which already has more than two million views on YouTube, urges women to stop asking for forgiveness in everyday situations, be confident and #shinestrong.

This shine strong message is a subtle reminder that Pantene isn't only selling female empowerment, it's also hawking shampoo with pro-v antioxidant formulas designed to give you shiny, glossy hair.

The Sorry Not Sorry video reminds me of Dove's Campaign for Real Beauty, which encourages women to love our bodies and be proud our curves. It's a nice idea, but Dove subverts its own body-positive messaging by retailing intensive firming cream designed to eradicate the same cellulite we're supposed to be embracing.

The problem with both campaigns is that these companies — as progressive as they might hope to appear — are out to sell products. Dove and Pantene tell us to be confident in our own skin but they're also trying to cash in on our insecurities. We buy hair spray and scented body wash and moisturizing lotion because we have been told we should look and smell and feel a certain way.

Of course we shouldn't be apologizing all the time ... unless it's about our dull, lacklustre hair, right?

Despite what Pantene would have us believe, I don't think "sorry" is a gendered word designed to disempower modern women. The word has simply become a habitual placeholder for all sorts of phrases. It's a term used by both men and women to get someone's attention or as a knee-jerk response to any sort of physical contact with a stranger. I don't say "sorry" because I feel weak in my everyday life; I say "sorry" because it's usually the polite thing to do and because I was raised in a country of overly-apologetic Canadians.

I understand that beauty companies want to create a meaningful dialogue with women, but they have to stop patronizing us with these over-the-top viral videos and cutesy hashtags.

So I'm sorry, Pantene, I'm not buying your marketing campaign — or your hair products.

#thisisnotwhatfeminismlookslike

Faux-feminist rallying cries like #wearebeautiful and #shinestrong are hard to stomach when you consider the fact that these companies are ultimately the ones perpetuating the beauty standards they claim to overthrow.

ZOOM

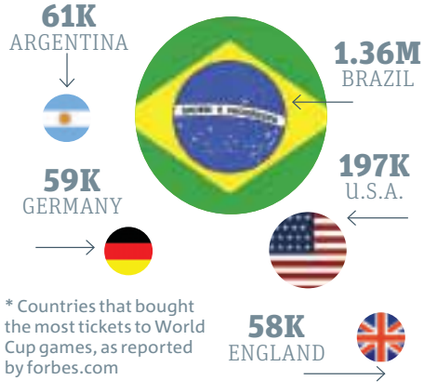
Futbol and fancy dress

ALL PHOTOS THE ASSOCIATED PRESS UNLESS OTHERWISE NOTED

GETTY IMAGES

While some of these teams didn't survive the first round, Metro salutes all of the World Cup fans who, no doubt, have made their fellow countrymen and women proud. Clockwise from top left: Fans from Cameroon, Argentina, Netherlands, Brazil, Honduras and Croatia cheer on their teams.

Biggest spenders*



* Countries that bought the most tickets to World Cup games, as reported by forbes.com

Least hooligan-y

- Japanese fans scored top points at this World Cup from the clean-up crew, after tidying up after themselves and leaving stands immaculate.

Most appropriated

Oct. 22, 2003

Date which can be traced as the birth of what is now soccer's most prolific chant. It began in a bar in Milan with fans of Belgium's Club Brugge K.V. chanting a riff from Seven Nation Army by the White Stripes. This was adopted and nurtured by Italy, brought across the Atlantic by Penn State, and then co-opted by fans around the world. **DEADSPIN.COM**

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In this issue, you can find AR enhancements on page 8 and in Scene and page 12 in Sports

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MetroTube

The man who runs with bees

ANDREW FIFIELD
andrew.fifield@metronews.ca

Like moving to the country and opening a bait shop, beekeeping's a career that's easy to admire from afar on a day when you've had enough of sitting at a desk.

Oregon beekeeper Wolf Carr never had such idle daydreams, it seems. He figured out pretty early on that having hives was the life for him and this short profile film makes his typical day seem like one to envy. If this lovely slice of Wolf's sweet life has you intrigued, you can learn more at julietzulu.us. And if that's not enough, we could always take up beekeeping together. (Juliet Zulu/Vimeo)

SCREENGRAB

metro

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How Banks found salvation in dark R&B

Musical catharsis. Singer has anger to thank for her songwriting and subsequent success

RICHARD PECKETT
Metro World News in London

"If I wasn't that lost or lonely, I don't know if I would have even discovered music," says Jillian Banks, the R&B singer-songwriter better known as Banks. She's speaking of her parents' divorce; the mental distress and solitude of her teen years were escalated through her family's domestic disputes.

But rather than go full-throttle on self-destructive teen rebellion, the L.A.-based 26-year-old, whose debut album Goddess drops this September, used her anger as a catalyst for musical creativity.

"It was such a blessing to be so angry," she explains. "If I wasn't in such a dark place I wouldn't have been in a weird enough mood to start tinkling about on the piano."

She channelled her repressed inner turmoil into a "fake keyboard that only needed a napkin-light touch to make a noise," she shares.

This instrumentally crude musical catharsis was the beginning of what would become her now signature darkly pulsing beat.

"I felt like this person who wanted to scream, but didn't have a voice. I felt mute and completely helpless because I didn't know what to say or how to say what I was feeling.

"And all of a sudden all of these weirdly intricate poems were coming out with melodies on top of chords."

Banks had had no formal musical training at this point. In fact, she still writes all her songs by ear, which maybe accounts for her alternative, sultry brand of R&B.

Her writing is an emotional confessional, apt from an artist who has a bachelor's degree in psychology.

"My music speaks for itself with what I go through — things that are hard to talk about in real life. Music is where I feel completely liberated and free to express myself."

Her candid honesty led to her first accidental release Before I Ever Met You to be dubbed a breakup jam.

True to her word, Banks is reticent when asked to divulge the so-called "nitty gritty" of what sparked the song.

But she admits that all her music is "me, me, me, me, me. It's almost voyeuristic to listen to; I'll have to be fearless releasing all this stuff — I just hope people connect to it," she giggles.

She doesn't need to worry. Banks has already been anointed by BBC Radio 1's Zane Lowe, who nominated Before I Ever Met You as his Next Hype record in 2013, can count Katy Perry among her fans and has had tracks used both on a Victoria's Secret ad and the movie Divergent.

None of this would have been possible had Banks' manager not been bold enough to rip the track from her private SoundCloud account and whisked it away to the influential ear of the BBC DJ.

"It was a blessing from the universe," she says. "It kind of gave me that extra little push to be fearless; I would die for him [Zane Lowe]," Banks gushes.

The singer is far from being some boastful upstart; she's timid and borderline fragile.

Like all artists, she needs the support of her fans, but in her case, it sounds more like a desire for emotional support, constantly referring to "connecting to people".

It's a phrase that can read hollow and insincerely earnest; however, for Banks, music is a medium for honest emotion.

"When you hear a voice that's singing something that sounds like they had to sing in order to get up, that's real art," the songstress opines.

Tortured artist? Perhaps. She's certainly handled and branded with a delicacy rarely seen for a performer who's only released a handful of EPs.

The marketing has been a slow, perfectly planned inception: a brilliantly played paradox of hype and mystery. Banks has only relatively recently joined Instagram, while her management handle her Twitter and Facebook accounts, the latter of which still lists her phone number.

"I just didn't feel natural tweeting and I wanted to do something that felt like me," she explains. She answers, too, although admits it's difficult these days to stay on top of the texts and calls.

Her intangibility has seen Banks craft a persona as the high priestess of dark pop. She has the goth-girl qualities of Lorde, with the fatalism of Lana Del Rey and the emotional complexity of actress Veronica Lake.

It's a guise that sees her fans flock to her shows where — dressed in draped monastic all-black capes and enshrouded by smoke — she delivers her song-like sermons to her disciples.

"You're all goddesses," she rasps during a performance in London to the hypnotic gaze of her followers.

Indeed, performance in front of her disciples is the validation for the enchantress, but not her lifeblood.

"The writing is what I need to survive mentally, it's my water."

Banks' debut album, out in September, is called Goddess. GETTY IMAGES

Quoted

"I felt like this person who wanted to scream, but didn't have a voice. I felt mute and completely helpless because I didn't know what to say or how to say what I was feeling."

Banks, R&B singer-songwriter

AUGMENTED REALITY

→ Want to see a beautiful music video? Scan this photo with your Metro News app to check out Banks' video for her song Waiting Game.

→ See the full instructions on Metro's Voices page.

DVD review

Enemy

Director. Denis Villeneuve

Stars. Jake Gyllenhaal, Melanie Laurent

Toronto history professor Adam Bell (Jake Gyllenhaal) suddenly finds the present more urgent than the past when a perfect doppelgänger named Anthony aggressively enters his life. This is the deceptively simple setup to Enemy, a taut psychosexual thriller by Quebec's Denis Villeneuve that won a leading five prizes at this year's Canadian Screen Awards, including Best Director. Based on The Double, a novel by Nobel Prize-winning novelist José Saramago, the film was shot in Toronto and bathes the city in sinister hues of brown and grey, making it seem like a character. Admirers of Alfred Hitchcock, Roman Polanski and David Lynch will find a friend in Enemy, which also includes intriguing figures played by Sarah Gadon, Mélanie Laurent and Isabella Rossellini.

PETER HOWELL

Blood Ties

Director. Guillaume Canet

Stars. Clive Owen, Marion Cotillard

Good cop/bad con brothers in 1974 Brooklyn (played by Billy Crudup and Clive Owen) clash well, but Blood Ties essentially offers the same old, same old story of family friction. It's co-written by James Gray with director Guillaume Canet (who co-starred in the 2008 French original, Les Liens du sang). Marion Cotillard, James Caan, Lili Taylor and Zoë Saldana help crowd the cast of this cluttered tale, which wisely has 17 minutes trimmed from the overlong 144 of its Cannes 2013 bow.

PETER HOWELL

Lindsay Lohan GETTY IMAGES

London's calling Lohan, but it looks like Kate Moss won't be on the line

If Lindsay Lohan is looking to make her move to London permanent, she's not off to a good start with the locals. Lohan reportedly drew the ire of Kate Moss after reaching out to Moss' husband, musician Jamie Hince, upon her arrival across the pond, which apparently upset the British supermodel, according to the Sun. Tensions came to a head during a recent run-in between Lohan and Moss at a London restaurant where Moss "was ranting about it to fellow diners," a source says. "The argument went on for a while, and Kate seemed extremely annoyed with Lindsay. People around them noticed it was going on."

Matthew McConaughey GETTY IMAGES

Too many bucks to get Matthew back in the buff?

Yes, there will be a Magic Mike sequel, but don't expect Matthew McConaughey to show up for this one. "Word has it Matthew is probably not going to be involved in this one because he's worth a lot of money," co-star Gabriel Iglesias tells Dish Nation. "That whole Oscar thing. The nerve, right?" Iglesias explains that while he hasn't seen the full finished script yet, what he has seen so far does not include McConaughey's character. "All they're telling me — because they haven't shown me the whole script yet — is that they're taking the show on the road," he says. "So something tells me it's not going to be shot in Florida like the last one."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Kim Jong Un-happy about portrayal in new Franco-Rogen film

MELINDA TAUB
Metro World News

If James Franco and Seth Rogen were hoping for an invite to a pickup basketball game with North Korean dictator Kim Jong Un, they can just forget it. Kim Jong Un is in a celebrity feud with them now.

Franco and Rogen star in the upcoming film The Interview, in which they play the star and producer of a TV talk show.

Lizzy Kaplan of the CIA informs them that Kim Jong Un is a big fan of their show, and asks them to go to North Korea and assassinate him.

The trailer for the movie dropped on June 11, and Kim Jong Un, who is believed to be a Western movie buff like his father Kim Jong Il, is not pleased to find himself targeted for a fictional assassination. Unlike most celebrity beefs, this one cannot be settled on Twitter as Miss Manners recommends, but Kim has informed the world of his displeasure through a spokesperson.

"There is a special irony in this storyline as it shows the desperation of the U.S. government and American society," his spokesman Kim Myong-Choi said, according to the Guardian. "A film about the assassination of a foreign leader mirrors what the U.S. has done in Afghanistan, Iraq, Syria and Ukraine. And let us not forget who killed (President John F.) Kennedy — Americans.

"In fact, President (Barack) Obama should be careful in case the U.S. military wants to kill him as well."

If the military sends Seth Rogen and James Franco to do the job, I think Obama will be just fine.

Cobain's kin thinks Del Rey's dying wishes aren't doing her any good

Frances Bean Cobain TWITTER

Whether or not Lana Del Rey actually thinks it's cool for singers to die young, she told The Guardian that's what she thinks, so it's out there to stay. You know who definitely doesn't think it's cool for singers to die young? Frances Bean Cobain, that's who. The daughter of Courtney Love and Kurt Cobain — the latter of whom died two decades ago at the age of 27, before Frances Bean was even two — took to Twitter to share her thoughts on the matter.

"I'll never know my father because he died young & it becomes a desirable feat because ppl like u think it's 'cool'" she tweeted at Lana Del Rey. "Well, it's f—ing not. Embrace life, because u only get one life. The ppl u mentioned wasted that life. Don't be 1 of those ppl."

Cue the Lana Del Rey supporters, who then accused FBC of attacking LDR. (Can we get these initials-as-nicknames thing to stick?) But Frances was quick to say that she is also a supporter, since, duh, she doesn't want Lana Del Rey to die young.

"I told her to not waste her life. How is that attacking," she posted.

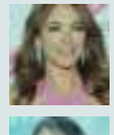
Dancing with the suitors: JLo appears to be getting jiggy with new man

Jennifer Lopez GETTY IMAGES

Jennifer Lopez and Dancing with the Stars pro Maksim Chmerkovskiy aren't doing much to dispel rumours that they've recently started dating, if their recent night out at Connecticut's Foxwoods Casino following one of Lopez's concerts is any indication. "Maks was whispering into her ear and hugging her. They looked very flirty together," a source tells Us Weekly of the pair's time spent in the VIP area of the casino's Shrine nightclub. "She had a huge smile on her face and looked like she was having a great time."

Twitter

@KevinHart4real
Ladies my new nickname is "Bam Bam" and "The BULDGE" you know why if you saw "Think Like A Man Too" this past weekend!!! Lmfao



@ElizabethHurley
Just picked the perfect English rose on a perfect English day

@therealroseanne
leftys and rightys r both wrong.

A 360-degree beach body plan

Stop comparing yourself to bikini models. Be your own boss. Eat lots of lean meat. Manipulate your metabolism. Health and fitness experts tell us what to do to look great four weeks, not four days, before your summer holiday.

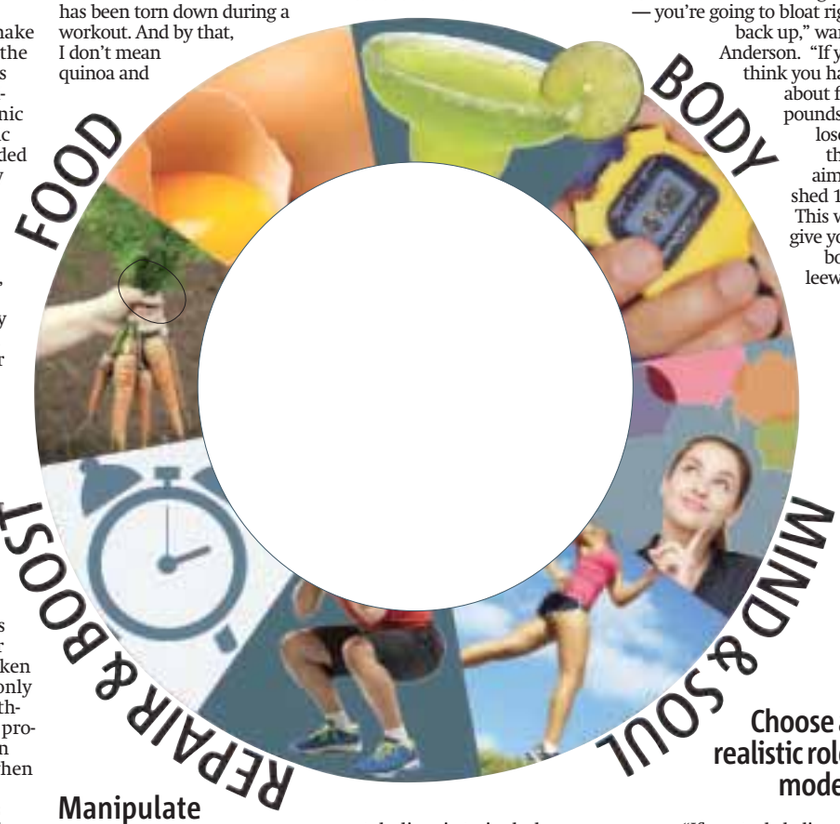
ROMINA MCGUINNESS
Metro World News

It's $$$, but when you can, buy organic

You'll be taking in fewer calories, so you need to make sure your body is getting the most nutrient-dense foods possible: "The same nutritional count is in an organic blueberry as a non-organic one; only the latter is loaded with chemicals your body cannot process. These are then stored by the body as a low level of inflammation, damaging cells at a high rate. Clean, organic foods, however, will go through your body with ease," says Gwyneth Paltrow's personal trainer Tracy Anderson.

Only pure protein

"You need to make sure your body has protein at the ready to build and rebuild tissue that has been torn down during a workout. And by that, I don't mean quinoa and lentils, but non-fried, non-processed lean beef, chicken, eggs or fish," fitness expert Gunnar Peterson, who works out with most of the Kardashians.



Be your body's boss

"As soon as you're out there on the beach and you order some nachos and a margarita — you're going to bloat right back up," warns Anderson. "If you think you have about five pounds to lose ... then aim to shed 10." This will give your body leeway.

Have a plan, and actually stick to it

"Starving yourself is nothing but brain damage," Michelle Bridges, well-being guru and author of Total Body Transformation, tells Metro. Be consistent: "Get on the scales, jot your measurements down, and do a mini fitness test: Time how long it takes you to run one kilometre, and see how many crunches, squats, and push ups you can do in one minute. Now start training for 30-45 minutes, six days a week. The most important is to establish a routine. Redo that same fitness test after four weeks, and I can guarantee you will have improved."

Sleep is when your body goes to work

When you think of bodybuilding, you picture big workouts and big weights, though that's actually not good for your body. Muscle tissue is broken down during a workout, only to be repaired and strengthened during the recovery process. But this can't happen without sleep, which is when the body fixes itself, says Peterson. "Sometimes it's not about getting in another workout, but an extra hour of sleep. Some people get by on four, but that's not optimal; the body shuts down after a while. Seven hours is good for an adult."

Manipulate your metabolism

Turn your engine from a two-stroke to a V8: "The best way to increase your metabolism is to include weights (such as kettle bells or dumbbells) in your cardio-based workouts. Your muscles will become leaner and denser, which in turn, helps burn more body fat.

Choose a realistic role model

"If you truly believe that beauty is looking like a random magazine model, you're never going to be happy. You're never going to feel good in a bikini, or naked for that matter," warns Anderson.

What do you really want?

"Want an awesome diet and exercise plan? Google it," says Bridges. The real issue is figuring out what's going on in your head: "People beat themselves up mentally when a diet doesn't work out, which is far more damaging than being overweight ever will be. Nothing is going to change unless you adopt the right mindset. Figure out a week-by-week schedule, and think about what you really want, whether that's fitting into a size 10, or being able to run five kilometres. Only then will you be ready to tackle the rest," she explains.

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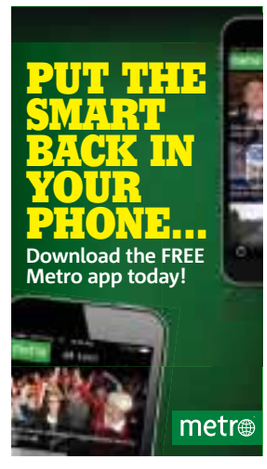
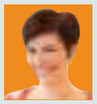


Sweeten soup pot for red lentil day

Affordable family food

Ancient crop packs a one-two punch



NUTRI-BITES
Theresa Albert
DHN, RNCP
myfriendinfood.com

Protein packed lentils are one of the most ancient crops known to have been cultivated. It crops up in history 8,500 years ago likely because it is a plant that grows easily in arid or cool regions. Loads of varieties are available and they are cheap and easily found at any grocery store. They are one of the few beans that don't require soaking or any other preparation which makes them a perfect and affordable family food.

Some of the more common varieties include:

• **Puy lentils:** Small blackish green, lower-starch variety. Great for creamy side dishes.

• **Green lentils:** Firm, larger pods great for cold salads.

• **Red lentils:** Actually the hulled inside of other lentils. Great for soups as they disintegrate when cooked.

All lentils rank very highly on the protein scale and, when paired with cheese and/or nuts make a complete protein just as effective as animal protein at building muscle. They are also one of the best forms of fibre, with one cup serving up just over half of your day's needs.

Just remember when cooking any lentils, pulses or beans not to add any acid like lemon or vinegar until the very end. Doing so stops the breakdown of the fibre so that they will not cook further. A good thing to curb the mushies but bad if you don't like crunching on pebbles.

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM

This recipe makes four servings. THERESA ALBERT

FLASH FOOD

From your fridge to your table in 30 minutes or less

You can feed a family of four for under $2 with a soup of high-protein lentils, nutrition-packed sweet potatoes and onions.

Cheese is optional and will cost a bit extra.

I know it seems weird not to peel the sweet potatoes but the skins are full of nutrients and are just as edibly delicious as white potato skins. Just give them a good scrub and chop!

Directions

1. Warm a large pot over medium-high heat and melt butter. Add onions and sweet potatoes; stir.

2. Add broth and water; add lentils. Bring to a boil, turn down to simmer and cover. Let simmer for 20 minutes.

Ingredients

- 1 tsp butter
- 1 onion, chopped
- 1 small sweet potato, scrubbed and cubed, skin on
- 4 cups chicken or vegetable broth
- 1 1/2 cups water
- 1 cup red lentils
- 1 tbsp dried basil
- pinch dried red chili peppers
- 1/2 tsp black pepper
- 1 tbsp molasses
- 8 tbsp grated cheddar cheese (optional)

3. Stir in basil, chili peppers, pepper and molasses.

4. Grate cheese if using and serve at the table.

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Baked fries get a kick from orange curry dip

As kids grow, their willingness to try a variety of flavours grows, too. But kids' and teens' palates, can be easily overwhelmed, so pairing known foods with newer tastes is the way to go.

This orange citrus and curry dip has a subtle flavour kick that will introduce young eaters to the sweet-savoury combination in a familiar way — after all, most kids won't turn down French fries.

A mildly sweet orange dip with just a hint of curry is the perfect dipper for oven-crisp sweet potato fries. This dip is also great with cut-up veggies and crackers!

Directions

1. Peel and cut sweet potatoes into 1/2-inch (1 cm) thick slices. Toss with oil, salt and pepper.

2. Bake on two parchment-paper-lined baking sheets on bottom and middle racks of 425 F (220 C) oven, switching and rotating sheets and tossing once, until tender and edges are browned and crisp, 30 to 35 minutes.

Ingredients

Potatoes
- 3 large sweet potatoes
- 1 tbsp. olive oil
- Pinch each salt and pepper

Dip
- 1/3 cup light mayonnaise
- 1/3 cup sour cream
- 4 tsp Minute Maid Frozen Original 100% Orange Juice concentrate
- 3/4 tsp curry powder
- Pinch each salt and pepper (to taste)

Orange Curry Dip

1. Meanwhile, in bowl, whisk together mayonnaise, sour cream, Minute Maid Frozen Original 100% Orange Juice concentrate, curry powder, salt and pepper until smooth. Serve with fries.

NEWS CANADA/MINUTE MAID

This recipe makes four servings. NEWS CANADA

Domi, Horvat given world junior chance

OHL. Two Knights forwards named to 41-player roster invited to Team Canada development camp

DAVE LANGFORD
dave.langford@metronews.ca

Max Domi has been given a second chance to make the Canada's world junior team.

And this year, the stakes are higher for the London Knights' high-scoring winger.

That's simply because the world junior tournament will be held on home soil in Montreal and Toronto this Christmas, beginning on Boxing Day and ending Jan. 5.

Domi and centre Bo Horvat were the two Knights named to the 41-player roster invited to the summer development camp, set for Aug. 3-8 in Brossard, Montreal and Sherbrooke, Que.

Horvat was a member of last year's team that finished fourth in Malmo, Sweden. Domi was a controversial omission from the final team selected. Both were 2013 NHL first-round draft selections.

Hockey Canada announced the roster Monday made up of four goaltenders, 12 defencemen and 25 forwards. From that group, 22 will be selected to play in the Christmas tournament.

Domi and Sault Ste. Marie defenceman Darnell Nurse were the two big names missing from last year's final roster.

Knights' assistant general manager Rob Simpson said Domi did the right thing when he was left behind.

"If you look at that stretch when (Domi) was here instead of being at the world juniors, he was putting up four or five points a night on average. It was incredible," Simpson said.

Simpson said Horvat and Domi bring different things to the hockey table.

Horvat: "His 200-foot game would be his strength. He can bring you some offence and he plays against the other team's top lines, plays PK, plays power play, so he's very versatile overall."

Domi: "Offence and his skill and his skating. He's a very dynamic skater, able to make plays at top speed as well. If you look at his numbers in the OHL in the last few years, they've been very impressive from a point total standpoint."

Dynamic Domi

"Offence and his skill and his skating. He's a very dynamic skater, able to make plays at top speed as well. If you look at his numbers in the OHL in the last few years, they've been very impressive from a point total standpoint." **Knights' assistant GM Rob Simpson** talking about forward Max Domi

London Knights' centre Bo Horvat is one of two London Knights invited to the Canadian selection camp for this year's world juniors. Horvat was a member of last year's team that finished fourth. GETTY IMAGES FILE

NBL of Canada

Lightning decision getting close

London Lightning are "very close" to signing a new head coach.

Lightning general manager Taylor Brown said the newcomer should be in place by early next week.

The National Basketball League of Canada team parted ways with former NBA standout Micheal Ray Richardson after he ran the team for the only three years of the team's existence. He won the league championship the first two seasons and lost in Game 7 of the conference final last season. "We are getting applications every day," Brown said.

The Lightning are also expected to hire a full-time assistant coach this season as well, a first for the franchise.

DAVE LANGFORD/METRO

NHL

Six named to Hall of Fame

Dominik Hasek, Peter Forsberg, Mike Modano, Rob Blake, Pat Burns and Bill McCreary have been selected as the Hockey Hall of Fame's induction class of 2014.

In total, this group includes six Stanley Cups for five different NHL franchises and three Olympic gold medals for three different countries.

Hasek will be the first Czech player inducted when this class is honoured Nov. 17 in Toronto,

Burns will be posthumously inducted as a builder four years after his death at the age of 58.

THE CANADIAN PRESS

The Netherlands' Stefan de Vrij heads the ball past Chile's Francisco Silva, centre, in Sao Paulo, Brazil, Monday. Scan the image with the Metro News app for additional photos from Monday's matches FELIPE DANA/THE ASSOCIATED PRESS

Holland, hosts top their groups

Brazil relied on its star Neymar for two early goals to beat Cameroon 4-1 Monday and reach the World Cup's knockout stage for a South American showdown against Chile, a 2-0 loser to the Netherlands.

Winning its Group B with its third straight victory made sure that the Dutch avoided the host so early in the tournament. Instead, the Netherlands will face Mexico, which beat Croatia 3-1 to advance alongside Brazil from Group A.

Spain beat Australia 3-0 in an inconsequential game between already eliminated teams, a victory providing a little balm on the disappointing defence of its title.

With free-flowing games and buckets full of goals the rule in this outstanding tournament, it took until the final minutes of the Group A games for Brazil to make sure it advanced as group leader on goal difference over Mexico.

Both finished with seven points. Croatia was eliminated with three points, while Cameroon finished with three losses. Brazil finished first in the group because it had a better goal differential than Mexico, plus-5 to plus-3.

The Netherlands was the first perfect team to advance, finishing ahead of Chile in Group B. Spain had three points with Monday's win, and Australia had three losses.

Neymar has four goals from three games to lead the top scorer's standings, edging a group of five players with three goals.

The Dutch scored twice in the last 13 minutes against Chile to finish the group stage with three straight wins. That was quite a turnaround for a team thought to be on the wane with aging stars like Arjen Robben.

THE ASSOCIATED PRESS

Horoscopes

♈ Aries
March 21 - April 20
A relationship may have been under strain of late but don't despair. Before this week is over you will have patched up your differences and be the best of friends again.

♉ Taurus
April 21 - May 21
If you are tired of playing second fiddle then now is the time to do something about it. Let important people know what you can do. Part of the problem is you rarely push yourself forward.

♊ Gemini
May 22 - June 21
The next few days will be memorable — hopefully for the right reasons. You are more likely to enjoy yourself if you let go of hang-ups and allow yourself to enjoy what life has to offer.

♋ Cancer
June 22 - July 23
Try to accept the ups and downs of daily life with serenity. It's not as difficult as it sounds — just don't take anything, including yourself, too seriously.

♌ Leo
July 24 - Aug. 23
Don't worry too much about keeping things civil today. If you've got something to say then come right out with it and, if certain people don't like it, too bad!

♍ Virgo
Aug. 24 - Sept. 23
You will get several interesting offers over the next few days. How will you know which of them are right for you? Just listen to your inner voice. You already know all the important answers.

♎ Libra
Sept. 24 - Oct. 23
The planets will bring out the devil-may-care side of your nature over the next 24 hours. You will thoroughly enjoy shocking people.

♏ Scorpio
Oct. 24 - Nov. 22
You may be in the mood to change things but the planets warn there are some things it might be wiser to leave as they are for the time being. Make changes for a reason, not just because you can.

♐ Sagittarius
Nov. 23 - Dec. 21
You will get things done quicker today if you join forces with like-minded people. Also, tell that special person in your life how much you adore them. They may need some reassurance.

♑ Capricorn
Dec. 22 - Jan. 20
Decide what it is you need to accomplish. No matter how many disappointments you have suffered in recent weeks the planets indicate that from here on it will be success all the way.

♒ Aquarius
Jan. 21 - Feb. 19
You may be in the mood to settle an old score but is that really sensible? Focus only on positive objectives and pretend that negative and annoying people do not exist.

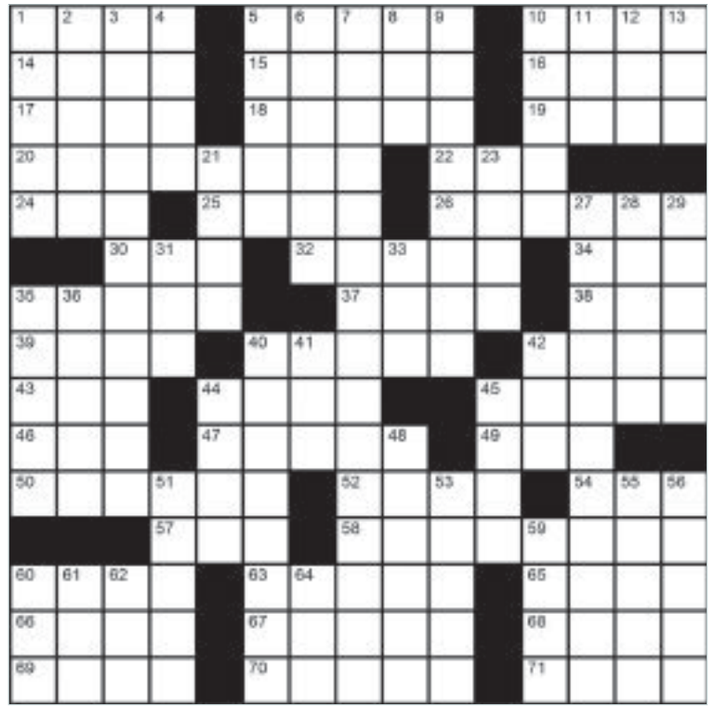
♓ Pisces
Feb. 20 - March 20
If you know what it is you want, act decisively. Someone in a position of authority thinks you are special and they will think you are even more special after today!

SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



Across

1. Baseball glove
5. Chef Ms. Lakshmi
10. 1997 Great Big Sea album
14. "It's ___-way street."
15. Royal __ Golf Club, in Scotland
16. Upset
17. Churn
18. Blow
19. Some slitherers
20. Canadian provider of green energy
22. __ + Pill = Well
24. NFLD's ocean
25. American state
26. Scottish band, __ Minds
30. Writer Mr. Fleming
32. Cuts
34. Bolt
35. Army vehicles
37. "Darn it!"
38. Compass pt.
39. Gymnastics great Ms. Korbut
40. Symbolic pole
42. Con
43. Moviedom's Ms. Mendes
44. Shoes: __ support
45. Book for Bridget Jones
46. Drollness
47. Decorator Mr. Berkus, and others
49. Branch
50. One of Doc and Grumpy's colleagues
52. Chair
54. "Adieu!"
57. Word's li'l meaning
58. Rapper Expert on ABC's "Rising Star"
60. Music's Ms. Mitchell
63. Role on "Star Trek"
65. Geese: French
66. Count __ (Jim Carrey role in 2004)
67. Mount in the Yukon, Canada's highest
68. Sing-y syllables
69. Uptight
70. Sixth, in Italy
71. Mr. Warhol

Down

1. Venemous snake, Black __
2. "Cut ___!" (Stop already!)
3. Newfoundland tourist destination, the 'Iceberg Capital of the World'
4. Cost
5. Prefix to 'dactyl' (Flying reptile)
6. Old battleground artefacts
7. "Making It Work" band from Vancouver: 4 wds.
8. Broom alternative
9. CASL = Canada's __-__ Legislation (It comes into force July 1, 2014)
10. Sacred song
11. 'L' in L.A.
12. Dadaist Jean
13. Aye
21. Fish parts
23. Itemize
27. Central Great Lakes-St. Lawrence __ Region
28. Of the moon
29. The other side
31. Jennifer Lopez's new album
33. Wrath
35. Miriam __, Canadian novelist from Steinbach, MB
36. Certain cartoon Chipmunk
40. Piled-up-with-food carriers
41. Libran's mo.
42. Lady's love
44. Hockey star Mr. Kopitar
45. Info
48. Georges __ (French painter, b.1859 - d.1891)
51. Enlighten
53. A Bell for __ (John Hersey novel)
55. Move over
56. Homework assignment
59. Pepsi's partner
60. Mr. Pesci
61. Not new
62. Henpeck
64. Shed tool

Yesterday's Crossword

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

		1					4	6
	8	4		7	2			
9			1					
8		2	3		6			
	3						6	
			4		9	5		2
					4			3
			9	3		8	2	
2	5					7		

Yesterday's Sudoku

7	3	2	4	5	1	8	9	6
5	1	8	7	9	6	4	2	3
9	6	4	8	3	2	7	1	5
4	8	5	9	7	3	2	6	1
3	9	1	2	6	4	5	8	7
2	7	6	5	1	8	9	3	4
6	4	9	3	8	5	1	7	2
8	5	3	1	2	7	6	4	9
1	2	7	6	4	9	3	5	8

Wish You Were Here 4
Returning for a fourth year, with two spectacular new shows,
the benefit concert in tribute to the music of Pink Floyd
Friday, November 7 and Saturday, November 8, 2014.
8 pm. The Grand Theatre
Proceeds supporting prostate cancer research.
Reserved Seating Tickets: $45 + HST • $25 + HST for students with ID
Tickets available at: The Grand Theatre Box Office, or online at: http://tickets.grandtheatre.com
wish-you-were-here-tribute.ca
Generous sponsorship of this event provided by:
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Libro
Investment Planning Coun-
FINANCIAL SOLUTIONS FOR LIFE
HIGHBURY
Johnstone HOMES
KKP
free
WORLD CLASS ROCK